

# Schedule of Tokyo Meditation GROUP

Sep. 2018

Paramahansaji said “Group meditation is a castle that protects the new spiritual aspirants as well as the veteran meditators. Meditating together increases the degree of Self-realization of each member of the group by the law of invisible vibratory exchange of group magnetism”. So please join us for our meditating service which is the only way leading us to God. The service is held at the public hall called “Kyurian” located near Ooimach rail way station of Keihin-tohoku line.

## Detail schedule of meditation service

YY / MM	1st. Sunday	2nd. Sunday	3rd. Sunday	4th. Sunday	5th. Sunday
Sep	2st 5 F commemorative 3 rd. MR	9 th 5 F 3 rd. MR	1 6 th 5 F 3 rd. MR	2 3 th 5 F 3 rd. MR	3 0 th 5 F commemorative 3 rd. MR
Oct	7 th 5 F Long-time MD 4 th. MR	14th 5 F 4th MR	2 1 th 5 F 4th MR	2 8 th 5 F 3 rd. MR	
Nov	4th 5 F 3 rd. MR	11th 5 F 4th. MR	18th 5 F 3 rd. MR	2 5 th 5 F 3 rd MR	
Dec	2th 5 F Long-time MD. 3 rd. MR	9th 5 F 3 rd. MR	16th 4 F 2nd SMR	22th(Sat) 6 F X' mas MD LCR	30th Out of service
2019 Jan	5th(Sat) 5F Start at 14:00 commemorative 2nd MR	13th 4F 1st SMR	20th 5F 3rd MR	27th 5F 3rd MR	
Feb	3rd 5F Long-time MD. 3rd MR	10th 5F 4th MR	17th 5F 3rd MR	24th 5F 3rd MR	

\* Commemorative service of Paramahansa Yogananda's birthday will start at 14:00

\* MR : meeting room LCR : large conference room SMR : special meeting room

Long-time MD : long-time meditation Commemorative service

- Sep. 02th 2018 Janma Shtami (Birthday of Krishna)
- Sep. 30th Mahasamadhi of Lahiri Mahasaya(1895)
- Sep. 30th Birthday of Lahiri Mahasaya(1828)
- Dec. 22th Christmas whole day meditation service
- Jan. 05th 2019 Birthday of Paramahansa Yogananda (1893)